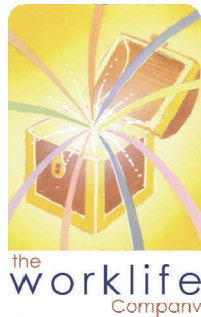


The Worklife Company is in business to support clients to become an employer of choice, by creating and championing innovative working environments that attract and retain the best talent. Through our Professional Services of coaching, consulting, training and research, we create great organisations to work for and stay with. We specialise in worklife balance, organisational development, internal communication and culture change.



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Every hungry mind needs to be fed





SkillSnax

SkillSnax are 90-minute bite-sized workshops. They can be delivered face to face, e-learning and m-learning. They are cost effective too, and during this time of tightened belts, investment in learning and development will prepare your business for the upturn that will certainly come.

Our research has shown that due to increased workload and demands, people have little time to attend longer training courses. Time out to attend these courses only adds to an already bulging schedule of workload. Therefore, short bite-sized learning Snax, address the need for employee development; and the work gets done too!

Employers achieve cost effective and productivity friendly learning whilst keeping the employee promise of continuous personal development. Employees win too by attending practical and

SkillSnax Solutions for 2009

- Excellence in Innovation
- Excellence in Change
- Excellence in Wellbeing and Worklife balance
- Excellence in Talent and Potential
- Excellence in Customer Experience
- Excellence in Total Business Alignment

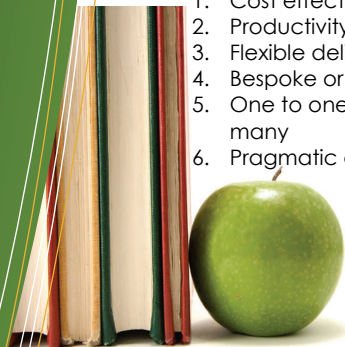


flexible learning solutions

People with busy schedules can dip in and out of **SkillSnax** in ways that suit their diary, their budget and their learning needs. They can be tailored to run face to face, e-learning or delivered in other medium too. They can also be 'bundled' into a suite of themed and bespoke workshops. For example, one client bundled a series of **SkillSnax** under the theme of 'Dignity at Work Week' and employees could attend any of the sessions throughout the week. Another client bundled 3 into a day under the heading of 'Wellbeing at Work'. The choice is yours, **SkillSnax** are a flexible approach to learning and development.

Half a dozen bite-sized benefits

1. Cost effective
2. Productivity friendly
3. Flexible delivery
4. Bespoke or standard
5. One to one or one to many
6. Pragmatic and fun



useful sessions that can easily be applied into their work and life; and they get the day job done too!

Research on the brain has shown that most people can retain up to 90-minutes of information before the brain needs to rest. **SkillSnax** address this physiological need by providing the opportunity to develop practical skills in a shorter time. As a result, employees are more likely to apply the learning immediately, thereby making **SkillSnax** a sound investment.

It is as if someone has turned the light on in our people and business! Everyone is so motivated and engaged now to make this a great place to work! Public Sector Manager

SkillSnax Coaching Services

It is a known fact that one to one coaching is an effective way of developing leaders and managers. Therefore, we have adapted our bespoke coaching services to include **SkillSnax** Coaching. There are a number of skills that managers wish or need to develop in order to be effective, like managing change or prioritising or managing performance. **SkillSnax** coaching provides the one to one coaching with the practical tools and techniques that can easily be applied to real situations. **SkillSnax** coaching can also be bundled into a suite of 6 or 8 coaching sessions for new managers or into action coaching for small teams of managers.



Custom Solutions



Internet Solutions



e-learning Solutions



Standard Solutions



Coaching Solutions